

# BEHAVIOR MANAGEMENT

## Changing Vs. Maintaining

### Model Ideal Behavior

Demonstrate behavior you want to see! Many studies show that modeling effective behavior teaches students how to react in certain situations.

### Change Language

"Do you have a question?", instead of "Stop talking and disrupting other students"

"Do you need help focusing?", instead of "pay attention and stop fooling around while I'm talking"

## Reactive/Proactive

### What you say matters...

Words matter. Your words carry significant weight. They can uplift, wound, or destroy. Look at a challenging circumstance as an opportunity to model proactive behavior, particularly through your language choice. Take a minutes to pause and think ... then speak.

### Take stock of your share of ownership

Could the situation have been caused by something you said earlier?  
Could your instructions have been less than clear?  
Did you provide all of the needed resources?

